



UNITED THROUGH READING LITERACY GUIDE

AGES 0-5

Reading aloud daily with children yields lifelong benefits, which include promoting language development and literacy skills, improving emotional well-being and connections, and providing tools for resilience. United Through Reading's free program provides age-appropriate books and an app to ensure military and veteran children develop a lifelong love of reading.

Get started at utr.org/app



Reading Fosters Development



Children who read with adults demonstrate better language skills and increased school readiness.

DAILY READING:

- + Helps the child understand variety of developmental concepts such as numbers, letters, shapes, and colors
- + Builds the child's vocabulary
- + Strengthens the child's listening skills, memory, and focus
- + Broadens creativity and inspires a love of reading



Reading Impacts Social and Emotional Skills



Children who read with adults feel valued and associate reading with spending quality time together.

DAILY READING:

- + Creates a bonding experience with loved ones
- + Introduces solutions to life lessons
- + Builds positive childhood memories
- + Initiates self-confidence and empathy for others



Reading Aids Military and Veteran Children



Daily reading routines can ease stress associated with separation and change.

DAILY READING:

- + Builds an atmosphere of routine and stability
- + Fosters positive attachment
- + Provides a tangible experience to remember
- + Comforts and reassures during times of change



UNITED THROUGH READING LITERACY GUIDE

AGES 6-11

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Reading Fosters Development



Consistent daily reading increases proficiency and efficiency; it is a skill that improves with practice.

DAILY READING:

- + Furthers development of overall intelligence
- + Increases complex vocabulary
- + Strengthens the child's listening and abstract thinking skills
- + Broadens ability to express oneself using complex language structures



Reading Impacts Social and Emotional Skills



Children who read with adults feel valued and associate reading with spending quality time together.

DAILY READING:

- + Creates a bonding experience with loved ones
- + Introduces solutions to life lessons
- + Builds positive childhood memories
- + Initiates self-confidence and empathy for others



Reading Aids Military and Veteran Children



Daily reading routines can ease stress by providing a learning framework that encourages discussions.

DAILY READING:

- + Builds an atmosphere of routine and stability
- + Fosters positive attachment
- + Provides a tangible experience to remember
- + Comforts and reassures during times of change



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AGES 12-17

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Reading Fosters Development


 Daily reading throughout the teen years complements healthy brain development.

DAILY READING:

- + Furthers development of overall intelligence during this time of significant brain expansion
- + Prepares child for higher level academic or vocational endeavors
- + Broadens knowledge and increases their world view
- + Improves critical thinking and analytics



Reading Impacts Social and Emotional Skills


 A widely read teen will successfully navigate a variety of social situations and experiences by drawing on their knowledge base.

DAILY READING:

- + Scaffolds emotional experiences through positive examples
- + Introduces a framework for discussions about morals and feelings
- + Improves self-confidence and empathy for others



Reading Aids Military and Veteran Children

 Reading provides a comforting, familiar, and beneficial outlet for challenges associated with military life.

DAILY READING:

- + Builds strong routines and healthy habits to assist in navigating stress and change
- + Provides access to written material aids in feeling well-informed and well-prepared